

# SVHS Dons Daily Bulletin



## Friday, October 21, 2022

### Announcements

Good morning Dons: This is a reminder that Mindfulness Monday will be taking place on October 24th at 8am in the Wellness Center, Room 321! Mindfulness Monday is open to anyone who would like to participate and learn a little more about being present and the benefits especially if you are feeling overwhelmed. This Monday we will be practicing a guided meditation to help those who need to let go of whatever drama happened over the weekend or prepare themselves for the week ahead. We look forward to seeing you!

Attention Dons: Do you want to avoid truancy letters or the possibility of missing out on school events due to excessive absences? If so, sign up in the Attendance Office for Saturday Make Up School scheduled for October 29th. You must sign up **NO LATER THAN Thursday, October 27th**. Your absence must have happened between October 10th and October 28th to be able to attend Saturday Make Up School.

### Trunk or Treat

Attention Students and Staff: Link Crew is hosting its Annual Trunk-or-Treat event on Wednesday, October 26th, from 5pm-7pm in front of the Band and Choir rooms and would like to invite you to join us. There will be food, games and lots of candy. Bring your family and friends. All are welcome! Hope to see you there!

Hey Dons: Link Crew is in need of candy donations for Trunk-or-Treat. If you would like to donate, send your donation to Room 602 by October 24th. We appreciate your support! Thank you!



Students looking to complete Community Service Hours: Link Crew is giving hours for candy donation. Please see Ms. Aguilar in the Attendance Office or Ms. Franco in Room 602 for hours. Link Crew will need the candy donations by Monday, October 24th. Thank You!

Hey 9th Graders: Link Crew is selling Spooky Baskets and Halloween Grams exclusively at Trunk-or-Treat on October 26th. Spooky Baskets are \$4 and Halloween Grams are \$1. Show your boo how spooktacular they are and buy one for them!



### Sports

Varsity Cross Country Mt. SAC Invitational  
@ Mt. SAC - 10:00am



Varsity Football vs Montclair  
@ Montclair - 7:00



### Athletics

Congratulations to our Girls Tennis team. They are Montview League Champions!! Next stop CIF play-offs!



Our girls Volleyball team defeated SLO Classical Academy last night in the 1st round of play-offs! Congratulations Lady Dons! Our girls will advance to the 2nd round on Saturday! Good luck Lady Dons!!



All girls who are interested in trying out for Softball: Try-outs for non-winter sports athletes will be held on November 1st, 2nd and 3rd. You must be cleared by the Athletics Office before trying out.



### Clubs & Activities

For all clubs that will be participating at Dia de Los Muertos on November 1st: There will be a meeting TODAY in Room 505 during Lunch. It will have the final details for the event. Please don't miss out!!



Hey Dons: The Dual Language Program is inviting you to come on November 1st for Dia de Los Muertos. It will be from 5-7pm in the Senior Quad. Bring your friends, families and the community. There will be food, altars, entertainment and much more. Come and join us!!

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### Faculty Section

**Group B has duty this week**

